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| --- | --- | --- | --- | --- | --- | --- |
| Week |  | Monday | Tuesday | Wednesday | Thursday | Friday |
| 1 | Breakfast | Variety of cereals/ Toast | Variety of cereals | Variety of cereals/Toast | Variety of cereals | Variety of cereals/ Toast |
|  | Morning snack | Selection of fruits | Selection of fruits | Selection of fruits | Selection of fruits | Selection of fruits |
|  | Lunch | Rice and chicken currySteamed vegetablesYoghurt | Tuna Pasta bakeSaladFruits and custard | Fish fingers and chipsSteamed vegetablesBeansPancake | Shepherd’s pieSaladApple crumble with custard | Spaghetti BologneseSteamed vegetablesYoghurt |
|  | Afternoon snack | Crackers and soft cheese with cucumbers | Fruits and natural yoghurt  | Crackers and soft cheese with cucumbers | Bread and soft cheese with milk | Biscuits and milk |
| 2 | Breakfast | Variety of cereals and toast | Variety of cereals | Variety of cereals and toast | Variety of cereals | Variety of cereals |
|  | Morning snack | Selection of fruits | Selection of fruits | Selection of fruits | Selection of fruits | Selection of fruits |
|  | Lunch | Rice and lamb currySteamed vegetablesFruits and custard | Macaroni and cheeseSaladYoghurt | Fish fingers and mashed potatoesSteamed vegetablesBeansPancake | Beef mince LasagneSaladYoghurt | Pasta bakeSteamed vegetablesPancakes |
|  | Afternoon snack | Breadsticks, carrots and cucumber | Crackers and soft cheese with cucumbers | Bread and soft cheese with milk | Pancakes | Biscuits and milk |
| Menu restarts every two weeks. Change and review mid-term |

Menu